

WEEK 3



Choose from...

Main

Vegetarian

Combo

Packed lunch

...and to finish!

Bread and Salad will be available at Lunch Times

MONDAY

Home-made Pizza

to go with

Sweetcorn, Homemade Potato Wedges

Southern Style Quorn Burger

to go with

Sweetcorn, Homemade Potato Wedges

Jacket Potato

to go with
Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese

Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchie Vegetables and Flapjack to go with

Cheese Salad Sandwich on White, Ham Salad Sandwich on White, Tuna Mayo Sandwich on White

Banana Flapjack

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

TUESDAY

Beef Stir Fry

to go with

Prawn Crackers, Noodles

Vegetable Stir-fry

to go with

Mixed Salad, Noodles

Jacket Potato

to go with

Mixed Salad

with choice of fillings

Baked Beans, Tuna Mayo, Cheese & Beans

Wrap

to go with
Mixed Salad
with choice of fillings
Grated Cheese, Ham Salad, Tuna

Strawberry Sponge

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

WEDNESDAY

Sausage

to go with

Carrots, Mashed Potato, Gravy

Vegetarian Toad in the Hole

to go with

Mashed Potato, Peas, Gravy

Jacket Potato

to go with Mixed Salad with choice of fillings Baked Beans, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit to go with

Cheese Salad Wrap, Cheese Wrap, Tuna Mayo Wrap

Blueberry Muffins

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

THURSDAY

Chicken Wrap

to go with

Mixed Rice, Sweetcorn

Tomato Pasta

to go with

Sweetcorn, Wholemeal Garlic Bread

Jacket Potato

to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo

Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchie Vegetables and Flapjack

to go with

Cheese Salad Sandwich on White, Tuna Mayo Sandwich on White, Chicken Salad Sandwich on White

Lemon Pancakes

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

FRIDAY

Fish Fingers

to go with

Baked Beans, Peas, Homemade Potato Wedges

Cheese Puff

to go with

Baked Beans, Peas, Homemade Potato Wedges

Jacket Potato

to go with
Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese

Wrap

to go with
Mixed Salad
with choice of fillings
Grated Cheese, Ham Salad

Mango & Orange Iced Smoothie

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

